

Tissue Viability Core Care Plan 8: Patient has a diabetic foot ulcer

Patients name.....

Hospital No.....

Date	Problem	Number	Signature	Print Name
	Patient has a diabetic foot ulcer			
	Goal	Review Date		
	<ul style="list-style-type: none"> Treat infection To provide optimal wound healing environment Promote healing using appropriate wound care and interactive dressings Prevent further skin and wound deterioration 			
	Actions			
	<ul style="list-style-type: none"> Refer patient to multidisciplinary foot care team Refer for vascular assessment & or Doppler ultrasound Palpate foot pulses and assess for foot sensation Note any foot deformity and inspect footwear Follow aseptic technique for this dressing procedure Cleanse with sterile warmed saline/water Observe for signs of infection, swelling and discolouration Swab wound, x-ray if osteomyelitis suspected Commence course of systemic antibiotics for non-healing or progressive ulcers with active signs of clinical infection Protect surrounding skin with Cavilon no-sting barrier film Podiatrist/TVNS to debride as appropriate, unless awaiting revascularisation Apply appropriate dressing e.g. Iodoflex Educate patient on monitoring their diabetes and lifestyle choices with the aim of achieving optimal glucose levels and reduce risk factors for cardiovascular disease 			
	<p>Further Actions:</p> <p>Position of Ulcer: _____</p> <p>Dressing Type: _____</p> <p>Emollient: _____</p> <p>Frequency of change: _____</p> <p>ABPI : Left : _____</p> <p style="padding-left: 40px;">Right: _____</p> <p>Swab Taken: Yes/No</p> <p>Result: _____</p>			