

## Tissue Viability Core Care Plan 4 : Patient has a Leg Ulcer

Patients name.....

NHS No.....

Date	Problem	Number	Signature	Print Name
	Patient has a leg ulcer/ ulcers			
	<b>Goal</b>	<b>Review Date</b>		
	<ul style="list-style-type: none"> <li>• Promote healing by providing a healthy wound environment.</li> <li>• Prevent secondary infection</li> <li>• Control pain</li> <li>• Determine underlying aetiology</li> </ul>			
	<b>Actions</b>			
	<p><b>First line management</b></p> <ul style="list-style-type: none"> <li>• Assess patient's immediate holistic needs including nutritional status.</li> <li>• Remove any existing dressing documenting what was used.</li> <li>• Conduct an holistic assessment including Doppler ultrasound .</li> <li>• Observe wound bed and surrounding skin for signs of infection e.g. Redness, heat, pus and odour. Swab if appropriate.</li> <li>• Assess pain levels and ensure appropriate pain relief is given prior to the dressing change.</li> <li>• Cleanse wound in bucket of warm tap water to remove dressing debri and provide comfort maintaining wound temperature.</li> <li>• Select appropriate dressing to provide a warm moist healing environment.</li> <li>• Apply appropriate compression therapy according to local guidelines.</li> <li>• Supply patient education information</li> </ul>			
	<p>Further Actions: • Using holistic assessment and the ABPI calculation devise appropriate care plan.</p> <p style="padding-left: 40px;">• Refer for TV or vascular opinion as required</p> <p>Leg Ulcer Type &amp; ABPI ----- Dressing type-----</p> <p>Emollient----- Bandaging Regime-----</p> <p>Frequency of change-----</p>			